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Thinking About the Flu Shot?

Then think about **Good For All Pharmacy!** Help keep your children and family healthy this season by protecting them against influenza, also called “the flu.” **Good For All Pharmacy**, along with leading health experts, recommends getting the influenza vaccination every year, as it is the best way to protect against contracting the virus. GFA has the flu shot in stock: walk in or give us a call! GFA also offers flu shot clinics for local businesses and we administer the flu shot on site!

Come to Good For All Pharmacy starting in September for your 2011 Flu Shot.

Why is getting a Flu Shot Important?

- Influenza is a serious and potentially deadly disease that spreads very easily
- The flu shot is safe and effective and is the best way to prevent contracting the virus.
- Influenza can worsen chronic medical conditions or cause serious complications in people with a variety of chronic illnesses.
- Widespread vaccination of children may interrupt spreading of the virus since outbreaks usually begin in children and then move to the community at large.

Who Should Receive The Flu Shot?

- All persons, including school-aged children, who want to reduce the risk of becoming ill with influenza or of transmitting influenza to others
- All children from 6 months up to 5 years of age
- Anyone 6 months of age and older with certain chronic medical conditions (e.g., diabetes, asthma, heart disease, compromised immune system)
- Children 6 months up to 18 years of age receiving long-term aspirin therapy
- Pregnant women
- Care takers
- People 50 years of age and older

Who Should AVOID the Flu Shot?

- Individuals who have had a severe reaction to eggs or egg proteins or a previous influenza vaccine-associated allergic reaction.
- People who have developed Guillain-Barre syndrome (GBS) without 6 weeks of getting an influenza vaccine previously.
- People with acute febrile illnesses (high fever) should wait until their symptoms subside.

Safety of the Flu Shot

- The injectable vaccine is made from an inactivated virus and cannot transmit infection. This vaccine is licensed for use in all persons 6 months of age and older (**Good For All is licensed to administer the flu shot to those 9 years of age and older**), regardless of health status. The nasal spray vaccine is made from live, attenuated (weakened) virus.
- The most frequent side effect of the flu shot is soreness at the injection site for 1-2 days. Occasionally, some people experience a period of mild fever and fatigue for a day or two following immunization.

